



# Gracious Balance

Marianne Zinn-Kuwabara

October 2009

## Gracious Balance Newsletter

Welcome to the Oct. 2009 issue of the Gracious Balance Newsletter created to connect with and inform clients and friends.

I will be including articles about EMF Balancing Technique, Reiki and spiritual items of general interest. Watch for postings of up-

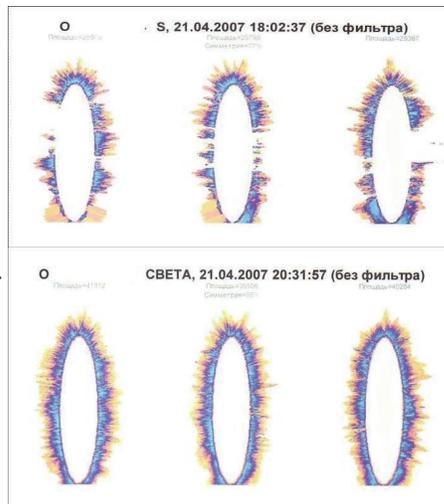
coming events held by myself as well as other community events of interest. If you have any events you would like included in the newsletter, please write me. If you do not wish to receive the newsletter, e-mail [marianne@graciousbalance.com](mailto:marianne@graciousbalance.com), write 'cancel' in the

subject line and I will remove you from the mailing list. If you received this newsletter from someone else and would like to be added to the mailing list, e-mail [marianne@graciousbalance.com](mailto:marianne@graciousbalance.com), and write 'add me' in the subject line.

## Effects of the EMF Balancing Technique® Researched

During the past two years, the effect of receiving EMF Balancing Technique sessions has been documented in Russia and in the USA, using GBV technology. This machine measures and digitally reproduces images of the photons being emitted from the fingertips. The fingertips are used because they contain the ends of the meridians of energy (chi) running through the body. Using knowledge of the meridian system, one can then translate that information to portray the health of the organs and the chakras. This machine also measures the emotional field and the mental field.

I was fortunate enough to be present during the tests in the USA. The technician knew nothing about the EMF Balancing Technique and Peggy Phoenix Dubro who was then teaching Phases IX-XII did not know or interact with him at all until the measuring was finished at the end of the week when he presented his results to the group. The technician was amazed and quite visibly impressed. He said he had never seen such interesting and positive readings. The pictures show one measure of the before and after effects. Go to <http://www.emfworldwidestore.com/emfworldwide/en/media-gallery/sedona-scene-2009-02> to hear more details and see more pictures.



### Inside this Issue

**Gracious Balance Newsletter** |

**Effects of the EMF Balancing Technique Researched** |

**The Cave of Crystal Giants** | 2

**Leadership Advice from Famous Leaders and Thinkers** | 3

**Kryon is Coming to Toronto** | 3

**Upcoming Events and Classes** | 4



## The Cave of Crystal Giants

When people talked about the crystals of the Earth holding information about planetary history and that these crystals are growing in this time of our 'New Age' to support our impending evolutionary leap, I held a vision in my mind about what those crystals perhaps looked like. I never imagined what miners found in Mexico. Three hundred meters below Naica, Mexico lies an alien world of giant crystals and nearly unbearable heat. explorer George Kourounis sent his pictures from the Cave of Crystals in Naica, Mexico.

With an air temperature of 122 F (50 C) and a relative humidity of more than 90%, it feels like 228 F (109 C) in the cave.

"To survive in this extreme environment,," says Kourounis, "we enter the cave wearing special suits with cooling packs inside and a backpack respirator which allows us to breathe chilled air. Even with all this equipment, I will still be able to stay in the cave for no more than 45 minutes at a time. Unprotected, even a scant 10 minutes could prove fatal--and that is why this amazing cavern discovered by miners nine years ago remains relatively unexplored. "



The Crystal Cave of Giants was accidentally discovered in 2000 by miners working in the silver and lead mine at Naica, Mexico. It lies almost 300 meters (900 feet) below the surface of the Earth and it contains the largest crystals known in the world, by far. The largest crystals are over 11 meters long (36 feet) and weigh 55 tons.

The crystals themselves are made of selenite which is crystallized gypsum, the same material used in drywall construction. Except these crystals formed over a span of about half a million years in a hot water solution, saturated with minerals. The temperature inside the cave remained very consistently hot for the entire time the crystals were growing.





## Leadership Advise from Famous Leaders and Thinkers

Leadership is both a science and art that involves the mobilization of people towards certain goals. In the midst of working and pursuing them, it will be to our advantage when we are well advised.

Let's hear what some of the most famous leaders and leadership thinkers have to advise us regarding being effective leaders:

***Never tell people how to do things. Tell them what to do, and they will surprise you with their ingenuity.***— George S. Patton, World War II General

***No man will make a great leader who wants to do it all himself, or to get all the credit for doing it.***— Andrew Carnegie 1835-1919, Scottish industrialist

***Great minds have purposes; others have wishes.***— Washington Irving, 1783-1859, American author

***Personal leadership is the process of keeping your vision and values before you and aligning your life to be congruent with them.***— Stephen Covey, American leadership author

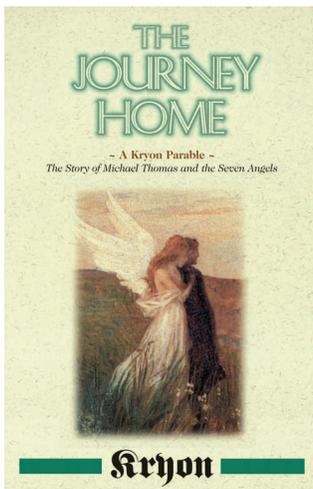
***Leadership has a harder job to do than just choose sides. It must bring sides together.***— Jesse Jackson, Civil rights leader



***We shape our environments, then our environments shape us.***

— Winston Churchill 1874-1965, former British Prime Minister

## Kryon is coming to Toronto



Join me in Toronto on Saturday and Sunday, November 21 and 22, 2009, 12:00—5:30 pm to see Lee Carroll channel Kryon. The event is being held at the Unity Church of Truth, 173 Eglinton Ave. W. (near Yonge and Eglinton Subway stop).

Saturday is an intensive 5 hour lecture and live channeling. Sunday is a 5 hour informal day where Lee reveals the full story of the Kryon novel "THE JOURNEY HOME". This is an amazing parable of a man named Michael Thomas and the seven angels he meets on his journey 'home'. A channeling follows. The cost is \$100 for one day and \$175 for two days. Details are at <http://www.kryon.com/seminar%20images/Info%20buttons%26flyers/Torontoforweb.pdf> (copy & paste into browser)



Explore the Kryon website: <http://www.kryon.com>



## Gracious Balance

556 Royal Beech Court, Waterloo  
&  
404-80 Charles St. E., Toronto

Waterloo : 519-886-0035

Toronto: 647-439-3852

E-mail: [marianne@graciousbalance.com](mailto:marianne@graciousbalance.com)

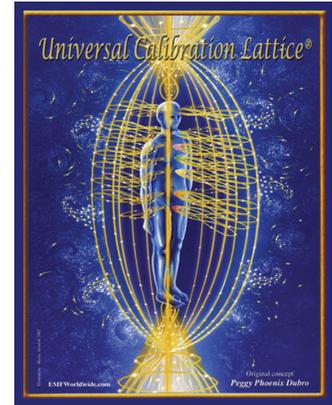
*"In the Energy of Love"*

[www.graciousbalance.com](http://www.graciousbalance.com)

## EMF Balancing Technique®

Transform your life!

- Deepen energetic connections to the Earth & your Infinite Self.
- Honour and acknowledge your sacredness
- Experience profound peace filled self-empowerment
- Integrate body, mind, emotion and Spirit gracefully
- Organize your infinite consciousness which is expanding



**Call anytime to book sessions !**

## Upcoming Events

### Reiki Trainings

#### Reiki I:

Nov. 7 in Waterloo  
Oct. 24 in Toronto

#### Reiki II:

Nov. 8 in Waterloo  
Oct. 25 in Toronto

#### Reiki Master Practitioner:

A new one-day course available by request

#### Reiki Master Teacher:

A two-day course: by request

Trainings include certification, instruction, manuals, and practical application.

### EMF Balancing Technique® Practitioner Trainings

#### Energetic Foundations: Phases I-IV

**Toronto: November 25 - 29**

Internship for professional certification can follow for those students wishing to practice professionally.

See the website for pricing.

[www.graciousbalance.com](http://www.graciousbalance.com)

**Additional trainings  
scheduled on request**

### UCL Workshop

**Toronto: Tuesday, November 24/09**

#### "A Step towards Balance, Peace, and Self-empowerment"

This 1-day workshop stands alone as a valuable, personal growth experience. It is also the first step in becoming an EMF Balancing Technique Accredited Practitioner should you so choose. The workshop includes instruction and a manual.

**Morning Program:** A fast paced and informative overview of the Universal Calibration Lattice, what it looks like and how it works and how it can work for you in your individual growth and evolution.

**Afternoon Program:** Experience an afternoon of activity and energetic alignments, honoring your unique pattern of Wholeness. Learn exercises of clear co-creation. Practice transmitting balancing energy across the room or around the world. Understand your part in the family of Humanity. Receive and learn how to give an empowering, loving and nurturing EMF Balancing Technique Introductory Session.

**Cost: \$99**