



# Gracious Balance

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## A Message from Jeshua

*“Love is who God is and who you are as well. The seed of everything you need is already within you.*

*The miracle of life is that the whole remembers and supports all of life within it. The parts and the systems do not have to recreate themselves or repair themselves. The whole remembers and loves. To redeem any part of your life you only need to remember the whole and honour it. The whole will remember you and honour you.*

*If you would receive a miracle, be still and receive the manifestations of love. The fact is, you take most miracles for granted. Life is full of them and never without them. Love is the source of all miracles--it invokes their presence.”*

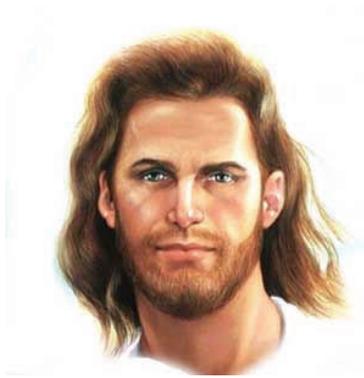
~ The words of Jeshua through Glenda Green as written in “Love Without End”, p. 344

## Quotation by Lao Tse

*“At the center of your being you have the answer; you know who you are and you know what you want.*

*Rejoice in the way things are. When you realize there is nothing lacking, the whole world belongs to you.*

*Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.”*



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## Espavo

In live channel, the Group has been telling the story of Amor. The story begins with Amor as a twelve year old boy living in the days of Mu (Lemuria). The Group says it is time to tell this story because we are at a point in our evolution that is very similar to where we were in the days of Mu.

In the very first chapter of this story, the Group told of how Amor was at his Walk into Life. This was a custom where a twelve year old boy or girl would declare their commitment to be a responsible adult. There were no laws to speak of in the days of Mu, but there were customs that they adhered to. One of those customs was when a person walked into Life they would choose one other person, usually older, to whom they would make a commitment to help them transition when it was time. At the very last moment Amor chose a man when he knew only slightly named Etu. Etu was a linguist who worked with the ancient languages. During the months and years that followed, Amor and Etu got to know each other as the custom suggested.

After being apart for some time Amor was summoned to the house of Etu, for it was his time. Even though Etu was a very young man he was still leaving. Amor came to his side and in that moment the two men completed their sacred contract. Amor gave permission and guidance for Etu to leave if he chose. Etu then had Amor come close to the bed. He told him that he had a gift for Amor. As Amor bent down to hear Etu told him the gift was a word and the word was ESPAVO. In the last hours of his life Etu explained that the word ESPAVO was used in the ancient days of Mu. It was a greeting that was used for both hello and and goodbye. Etu told Amor that it was now time to bring back this ancient word into use for the time of evolution was nearing. This word was to help people re-member their true place in the Universe.

Literally translated it means:

**"Thank you for taking your power."**

We invite you to use this ancient greeting once again. This is the time of power and we thank you for being here with us. ESPAVO dear ones.

~'The Group' channelled through Steve Rother

## The Wind is Perfect

**On a day when the wind is perfect  
the sail just needs to open  
and the world is full of beauty.**

**Today is such a day.**

~Rumi





## Quotation

"That which is to give light must endure burning."

~ Viktor Frankl (Austrian Psychiatrist 1905-1997)

## Fermi discovers a huge gamma-ray bubble emitting from the centre of the Milky Way Galaxy! What does it mean?

It spans more than half the visible sky – came from a sudden event – is infinity shaped - the scientists have never seen exactly this kind of a formation. They have nothing that explains how these highly charged electrons "got here." Furthermore, scientists felt like these gamma rays are full of information and they don't have a context to put it in. How cool that these scientists are able to say:

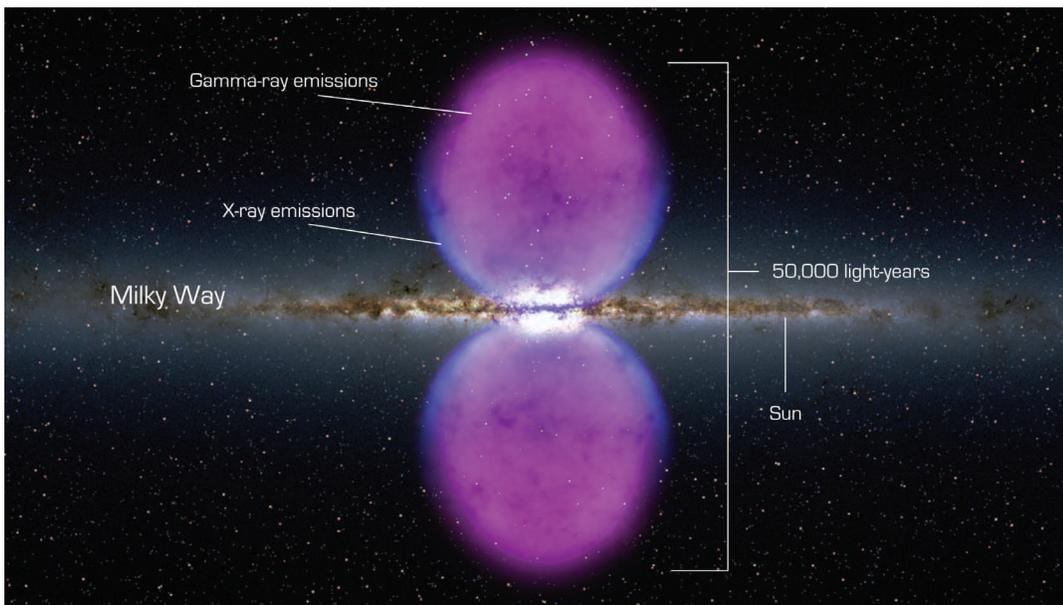
- A. it's amazing; and
- B. we don't know what it is and what's involved with it!

Gamma rays were previously thought only to exist in any significant amount beyond the Milky Way. Why did they show up now? And how did they get here from another galaxy?



If we remember the work of Nikola Tesla, which suggests that the gamma rays found on earth emanate from the zero-point field. And if the zero-point field, is sending information heavy rays into our experience...why and how?

**Radiation from gamma rays in your atmosphere is increasing in a parallel movement as your cells becoming increasingly converted from carbon to crystalline in structure.** This allows for vast quantities of high-frequency energy to permeate and elevate the overall collective energy field of Earth plane.



Isn't it astonishingly poetic that torsion waves, which are flowing to us and indeed create a great deal of our evolutionary physical symptom as our cells "torque" (picture a rubber band and press on it--it twists and becomes...figure 8; the sign of infinity).

This image of our cells as they change and evolve from carbon to crystalline is now mirrored in our galaxy.

**As above so below.**



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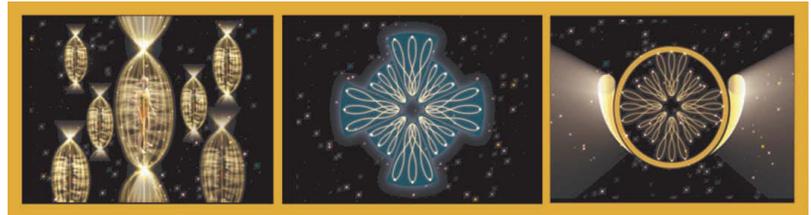
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