



# Gracious Balance

Marianne Esther Zinn

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## Message of Love

*"Eternity echoes the voice of God. I am Truth. I am Love. I am Life. I have given myself to every creation, every form, and every creature. Where truth, life, and love are present, I AM. Wherever I am, there is cohesion."*

*"Life exists on many levels, from spiritual to physical, and Love creates all life through its desire for experience. It is the nature of love to attract, communicate, and to form agreeable pathways for exchange. It is also the nature of love to know itself AS love, and to secure its integrity with a sanctuary known only to itself. Long before there were any forms or activities that you would recognize as life, these attributes of love were well in place and generating the future of all existence. The attracting power of love causes aggregation and coherence. Its communicative power causes exchange; and the recognition of inner integrity is the basis of BEING." The Keys of Jeshua, Chapter 21 p. 267*

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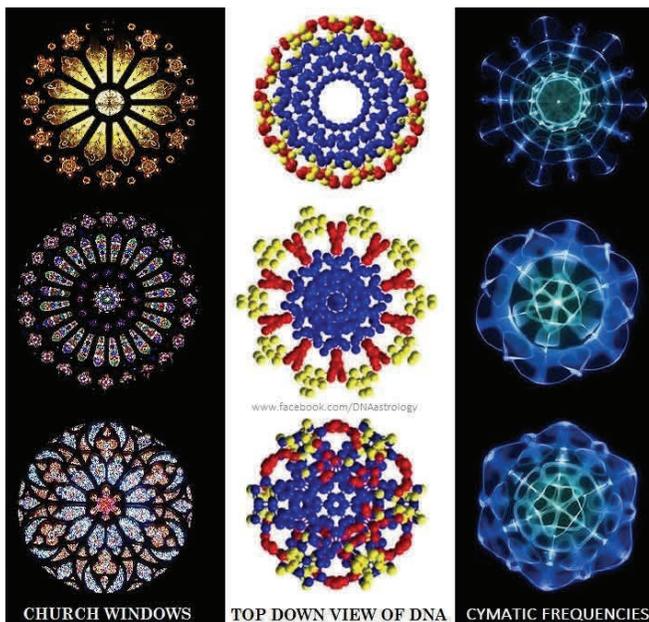
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## NeuroOptimal® powered by Zengar

I wanted to say a few words about the neurofeedback sessions I am now offering. The more experience I have with them, the more impressed I become. NeuroOptimal® is totally unlike every other feedback unit in so many ways. First, it is a non-medical device. That is because nothing is manipulated by the technician (trainer). No signals are being directed at the client's brain. All of the changes made are directed solely by the client's own central nervous system. That makes it dynamical and non-linear and 100% safe. Even children can benefit. What can be better?

Here is how it works. First, the client sits in a comfortable chair listening to pleasant music, with sensors attached to only 2 spots on each side of the head. More sensors are not necessary because the brain works holistically, and what happens in one place affects the whole system. The electrical activity of the brain is monitored over 350 times per second. When the mathematical algorithms of the NeuroOptimal® detect a moment of turbulence, it alerts the client by creating an interrupt in the music. The interrupts sound like a skip in a record (for those of you old enough to know what that means). This alerts the individual CNS (Central Nervous System) so that the turbulence is quickly noticed. Everyone's CNS wants to be working in balance and efficiently. It prefers to respond only to events happening in the present, and not to waste energy on past traumas or future worries. Because of this, the individual CNS responds immediately to the interrupts, and moves into whatever level of coherence it deems most appropriate.

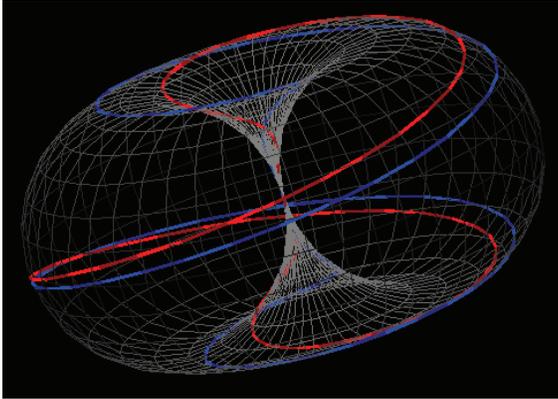
Clients find that the effects of using NeuroOptimal® are wide and varied. Because the client's CNS itself determines the response, the effects are positive, often subtle, and unpredictable. At first it feels like you are just having good days more and more often. Often, because the changes are internal, the client forgets what things were like before the sessions and quickly accepts the changes as their new permanent way of being. Things held in the subconscious mind, the conscious mind, or even the superconscious mind can move into the background and not cause disruptions like they did before. With the clients' CNS no longer reacting to these turbulent activities, they find they have more energy, clearer minds, more efficient bodies, more peaceful emotions, have better sleep, and report many, many other benefits that are amazing to me.

For more information, please visit my website, [www.graciousbalance.com](http://www.graciousbalance.com) and click on "NeuroOptimal" under the title "Other Wellness Services". You can also visit [www.zengar.com](http://www.zengar.com). There is lots of info there.





## The Torus

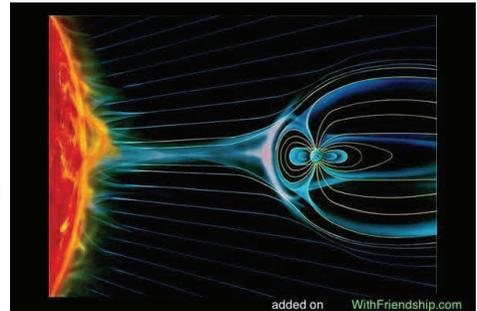


This image of a Torus structure is a simplified illustration of the most foundational pattern of energy flow in the universe. Looking at this, one can imagine the dynamic of everything from an atom to the entire universe itself.

Information flows from the outside in and the inside out at the same time. Equal and opposite, as above, so below, crossing the event horizon in each direction around the singularity (stillness) that centers the spiral vortex as space-time curls like water going down the drain with

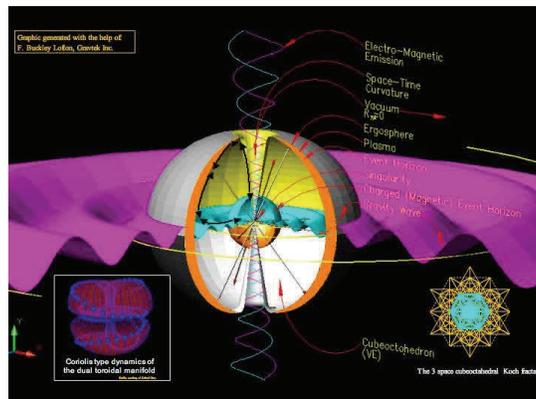
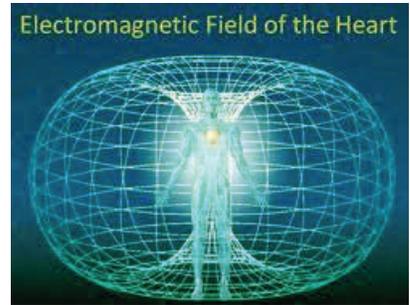
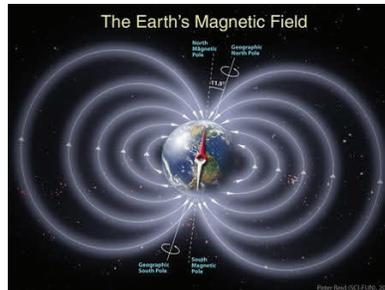
air going "up" the drain at the same time, on all scales, simultaneously: the fractal spin of infinite scalar singularities.

**There are only 2 directions in the Universe: in and out!**



## The Toroid is in Everything

The toroidal pattern is in DNA, the human body, the planetary energy field, the galactic energy field, the energy patterns of black holes, and the energy field of the universe itself.





Gracious Balance

556 Royal Beech Court, Waterloo  
&  
404-80 Charles St. E., Toronto

Waterloo : 519-886-0035

Toronto: 647-439-3852

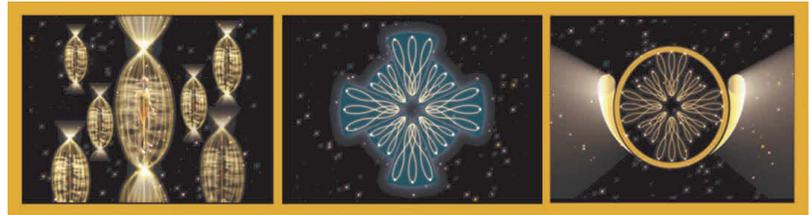
E-mail: [marianne@graciousbalance.com](mailto:marianne@graciousbalance.com)

*"In the Energy of Love"*

[www.graciousbalance.com](http://www.graciousbalance.com)

## EMF Balancing Technique®

Transform your life!



- Deepen energetic connections to your Infinite Self.
- Honour and acknowledge your sacredness
- Experience profound peace-filled self-empowerment
- Integrate body, mind, emotion and spirit gracefully
- Organize your infinite consciousness which is expanding

**Call anytime to book sessions !**

## Offerings From Marianne

### Christ Blessings

The Christ Blessing is an ecumenical and sacred connection with Jesus and The Holy Spirit. It accelerates the conveyance of Spirit many fold as in the receiver of the Christ Blessing sits in prayer. The outpouring of Grace is amazing!

I am now a certified Christ Blessing teacher for those wanting to learn to do the ceremony for themselves.

I will be offering the first Christ Blessing training on **Saturday, March 28, 2015**. The cost is \$99.

Contact me to enroll.

Contact Marianne to book trainings in any of the Balancing Work techniques

[www.graciousbalance.com](http://www.graciousbalance.com)

### NeuroOptimal®

I am a certified trainer for the Zengar NeuroOptimal® neural feedback unit.

NeuroOptimal® is a designed to be a non-linear, dynamical system (quantum) that focuses on the central nervous system - the hub of all functions in the human body. As such, it is not surprising that users have experienced successful outcomes across a broad spectrum of concerns.

Clients typically find NeuroOptimal® neurofeedback systems effective in improving pre-diagnosed issues in five general categories:

- Wellness and Personal Growth
- Slowing the Effects of Brain Aging including "chemo brain"
- Achieving an Artistic or Athletic Performance Edge
- Help with Specific Cognitive, Emotional, or Physical Challenges (e.g., ADHD, anxiety, chronic pain, insomnia)
- Enhancing Academic Performance

### Ceremonies

As clergy of Community Catholic Church of Canada, I would be honoured to officiate any of your celebrations including Weddings, Funerals/Life Celebrations, Eucharist/Communion, Baptisms/Naming Ceremonies and Vow Renewals.

The ceremonies offered can be religious, spiritual or civil.

CCCC honours the original teachings of love and inclusion.

As a community of home parishes, we offer to bring the church to you.

